



MADERA COUNTY PUBLIC HEALTH DEPARTMENT



Public Health
Prevent. Promote. Protect.

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HEALTH ADVISORY TO PARENTS – January 29, 2015

Yesterday, the Fresno County Department of Public Health confirmed the first case of Measles within Fresno County. The unidentified male was visiting from Ventura County. They were able to pinpoint possible places of exposure:

- Community Regional Medical Center ó 3rd and 4th floors Central
 - Two separate visits between January 22 at 9:00 pm through January 25 at 9:00 pm
- WinCo Foods ó 1004 South Peach Avenue (corner of Kings Canyon and Peach)
 - January 25 at 6:30 pm to 9:30 pm
- Fashion Fair Mall ó Build a Bear and Disney stores
 - January 25 from 11:30 am to 3:00 pm

Exposure to measles would only have occurred on these dates and times!

Make sure you are protected: The best prevention against any exposure to measles is to be vaccinated. We strongly recommend everyone to be current with two documented doses of MMR or contact their provider to obtain serologic evidence of measles immunity or to obtain doses of MMR

- Children 12 months of age and older should receive two doses of MMR vaccine separated by at least 28 days.
- Teenagers and adults who do not have evidence of immunity against measles should get two doses of MMR vaccine separated by at least 28 days.

Signs and Symptoms: Measles is a highly contagious disease and is easily contracted by breathing in air which has been shared by a person infected with measles. The symptoms of measles generally appear about 7 to 14 days after a person is infected:

- Fever (often high); cough; runny nose; red eyes; and rash (usually starting on the face and spreading down the body)

Act immediately if you suspect measles:

- **STAY HOME.** Do not go to your doctor's office without calling first!
- Verify the immunization status of the person in question. (Two MMR shots show 99% effectiveness against Measles, Mumps, and Rubella.)
- **CALL** your primary care physician for further instruction.
- Parents should use private vehicles to transport the person in question to their doctor (if the doctor wants to see them). Do not use public transportation.

The most important thing to remember is that exposure could only happen at the times/dates listed above. If you or your child received two MMR shots, you have 99% immunity. If parents find that any family members have one MMR shot, it is highly recommended that they get the second MMR shot.

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